



Vision:

A world where every citizen is equipped with critical life skills to make effective and ethical decisions as an individual, professional, and a global citizen.

Mission:

To create and provide innovative solutions to the challenges faced globally by the world of education and governments in the complex task of enhancing life skills index of its citizens. Our mission will be achieved through an effective curriculum, trainer certification, and intelligent assessment processes.



Mandate:

Life Skills University is strategically positioned to support the world in its efforts to implement Sustainable Development Goal 4 (SDG4) 'Quality education for all' and indeed, other SDGs that depend for their success on effective education and learning systems.



Our Roots



Life Skills University is a pioneering initiative of Skillizen Learning Global, a Singapore headquartered socio-educational venture with a presence in 70+ countries across the world.

The Genesis of Skillizen can be traced back to the global financial meltdown in 2009, which left our founder, then a successful corporate executive from Singapore very disturbed about the poor judgment and ineffective decision-making skills displayed by the political and business leaders across the world.

That trigger led him to the Harvard University in 2010-11, wherein he conducted an in-depth research to Find a solution to the global challenge of acute deficiency in critical skills across its populace. In the summer of 2011, his path-breaking and interdisciplinary research offered the following game-changing conclusions-

- a) The acute deficiency of critical life skills is the main cause behind the world's biggest man made challenges.**
- b) The right age to transfer critical skills to the human brain is 6-16 years during its hardwiring stages of development.**



Life Skills University is an integral initiative of Skillizen Learning Global, and retains total intellectual and functional autonomy. The university is responsible for the development of educational content, certification programs, teaching and learning strategies through curriculum development and life-skills assessment programs.

Certified Life Skills Trainer Program

fastest-growing, greenfield profession

Most countries across the world have tried in some way to incorporate Life Skills into the curriculum of schools and colleges. In India, the Central Board of Secondary Education (CBSE) initially introduced Life Skills Education as an integral part of curriculum, and most other Boards are following that up.

Similarly, AICTE has very recently made it mandatory through the 'Jeevan Kaushal Curriculum' to include Life Skills training in all engineering and other degree colleges. The govt. has categorically instructed to incorporate Life Skills as part of the college education to ensure that students are made industry-ready, and a large number of corporate organizations are also looking for Certified Life Skills trainers.



Salient Features Of The Certification Program

- Curriculum backed by in-depth research on educational ecosystems across the world:-
- Globally Recognized certification based on Skillzen Critical Life Skills Curriculum prevalent in 70+ countries.
- Program conducted by Master Trainer, Harvard University Alumni, pioneering Researcher and the Founding architect of the World's 1st Life Skills Curriculum.
- World's 1st Certification program on Life Skills that provides huge career value- addition for the employed.
- Only Certification program that supports beyond the program by providing a global Life Skills Curriculum to the certified trainers to run their life skills academy.

Through this course, future Life Skills trainers will get to examine the core competencies required to administer critical life skills to young minds, manage group dynamics, apply creativity to discussions and discover their unique training style. Participants learn and practice life skills transfer tools, techniques, and strategies to effectively use the world's 1st criterion-referenced, evidence-backed Critical Life Skills Curriculum.

Skilling Objectives of the Certification Program

- Build your skill sets and competencies as a Life Skills Trainer.
- Provide ample practice with skills to be able to coach students.
- Enhance your communication and listening skills.
- Analyze the approach to handle difficult conversations.
- Develop an action plan to be a Life Skills Trainer .
- Enhance your skill to help students with a Behavioral development approach.
- Differentiate Life Skills training from generic training, teaching & counseling.
- Learning self-assessment skills.
- Identify and appreciate your unique coaching presence.
- Use a creative process to design a Life Skills lesson.
- Demonstrate a solid understanding of the Life Skills lesson template.
- Understand Group Dynamics in Life Skills.
- Differentiate between content and process in Life Skills groups.
- Appreciate change and endings as a natural phase of individual growth.
- Acquire skills to partner with stakeholders.



Final Certification Award Requirements

- Attend the 3 week program and complete assignments and assessment (missing more than two sessions during the 3-week program will not lead to the award of certification).
- Develop and present their unique profile as a Life Skills trainer.
- Development Plan which outlines developmental goals.
- Demonstrate proficiency in life skills training competencies.
- Demonstrate proficiency in the training tools and techniques.
- Complete session simulation.
- Complete real-life scenario-based assessment.

Who all can get certified?



What will you get from this Certification?

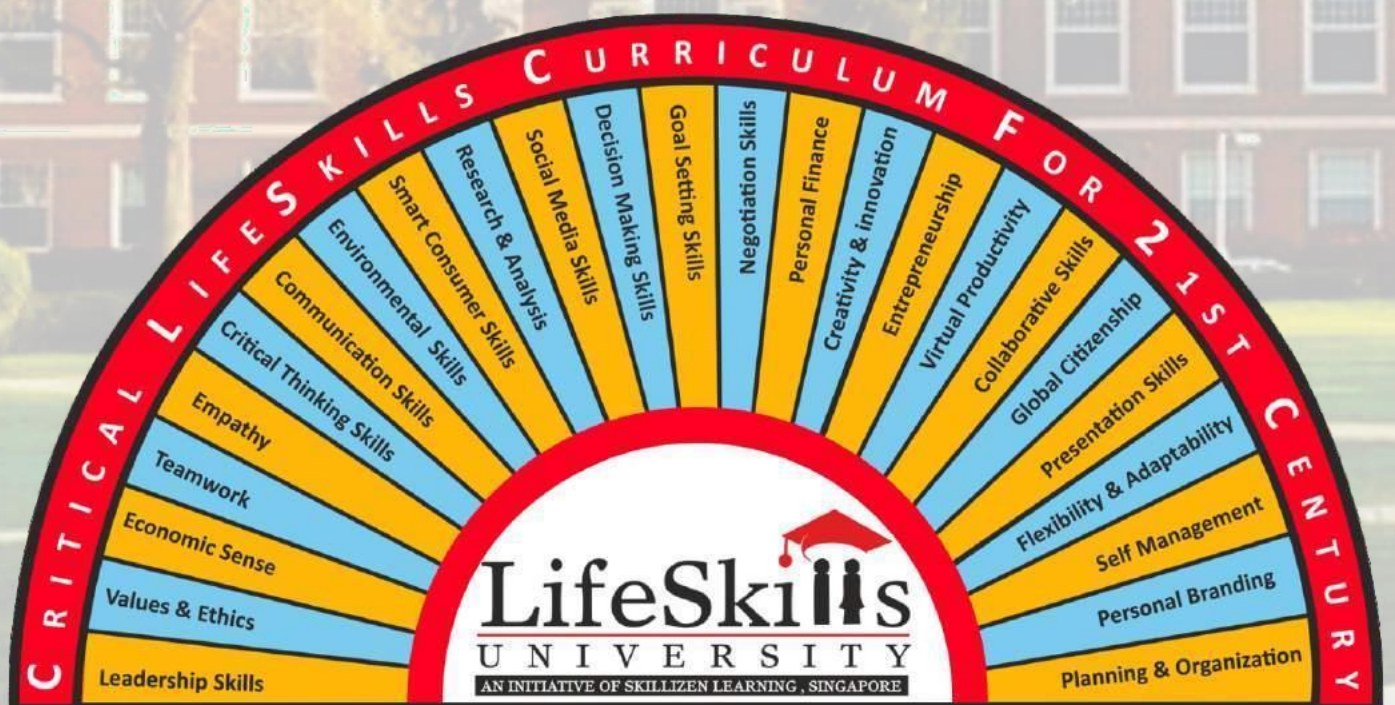
The Certified Life Skills Trainer program will prepare you for a career as a Life Skills Trainer with a depth of knowledge and skills unsurpassed in the industry.



By attending this program, you will be able to administer life skills to young citizens that will assist them to make informed decisions, solve problems, enhance creativity and critical thinking, communicate effectively, build healthy relationships, cope with challenges and help to lead their life in a healthy and productive manner.

Once you've completed this training, you'll be among the elite group Certified Life Skills Trainers in the world who will have a lifetime license to run your own life skills training center using our global curriculum and to earn a steady stream of monthly income while transforming the decision making DNA of young citizens.

Skills & Competencies Covered in Trainer Certification Program



Session-wise Agenda: Life Skills Trainer Certification Program

30th October 2020, Friday
(GMT 12:00-15:30Hrs)



- ▶ Session 1: ABC of Life Skills- separating myths from reality
- ▶ Session 2: Turning point for Global Life Skills Mission 2010-2011 @ Harvard
- ▶ Session 3: Components of the Skillizen Critical Life Skills Curriculum

3rd November 2020, Tuesday
(GMT 12:00-15:30Hrs)



- ▶ Session 4: Life Skills Transfer in action for early age kids.
- ▶ Session 5: Life Skills Transfer live demo for pre-teens
- ▶ Session 6: Life Skills transfer live demo for teenagers

6th November 2020, Friday
(GMT 12:00-15:30Hrs)



- ▶ Session 7: Dynamic Life Skills Assessment
- ▶ Session 8: Real World Skills Practice Assignment
- ▶ Session 9: Real World Situation Based Simulation

10th November 2020, Tuesday
(GMT 12:00-15:30Hrs)



- ▶ Session 10: Essential Skills of Life Skills Trainers
- ▶ Session 11: Fundamentals of Training individual Learners
- ▶ Session 12: Group Training Skills

13th November 2020, Friday
(GMT 12:00-15:30Hrs)



- ▶ Session 13: Life Skills Trainer Presentation Tools
- ▶ Session 14: Life Skills Trainer Skills Demo
- ▶ Session 15: Life Skills Trainer Application Tools

17th November 2020, Tuesday
(GMT 12:00-15:30Hrs)



- ▶ Session 16: Practicing Life Skills Training- New Avenues
- ▶ Session 17: Growing Life Skills Training Practice
- ▶ Session 18: Setting up your Life Skills Training Academy



Certification Training Methodology

- Interactive Session.
- Case Story Modules.
- Role-plays.
- Activity-based learning.
- Peer Group Activities.
- Assessment.



Deliverables of the Certification Program

- Build your skill sets and competencies as a **CERTIFIED LIFE SKILLS TRAINER**.
- Provide ample practice with skills to be able to coach the students.
- Enhance your communication and listening skills.
- Analyze the approach to handle difficult conversations.
- Develop an action plan to be a Life Skills Trainer.
- Enhance your skill to help students with a behavioral development approach.



Certification Program Details

Program Fees :-	USD499+ 7%(Singapore GST)
Special Subsidized Fees for Pakistan :-	PKR 49,785 +7 % GST (With 40% Subsidy)
Training Batch Starts :-	30th October 2020
Schedule for Sessions : -	Every Tuesday and Friday for 3 weeks
Timing for Online Sessions:-	6:00pm to 9:30pm (Pakistan Standard Time)

Value Creation After Certification

Earning Opportunity after Certification :-	Yes
License to run Life Skills Training center :-	Yes, without any additional investment
Curriculum Support : -	Life Long
Marketing Support :-	Yes
Average Monthly Earning Potential :-	USD 500 - 2500

Listen to our Alumni



“Today is a perfect opportunity to start building the tomorrow you really want “...

The need of the hour is the up-gradation of skills and an urgent requirement is in our children, who are the future citizens of the world.

This program has not only enriched the lives of the participants but also ensured that the right participants received the training. It is this noble thought of the Life Skills University based out of Singapore that will radically change the world for the better

Deepa R



Principal of International School - Bangalore, India



Life Skills training is an opportunity to make a difference and the Skillizen’s Certified Life Skills Trainer program was a step in that direction. It’s not a typical course where the trainer talks and you listen, the program gets you involved, gets you thinking and absorbed. And when you do something firsthand you don’t forget it easily.

Bijal Shah Chokshi



Professional Trainer - Mumbai, India



I have always been very interested in shaping up the lives of the young generation/ young kids. So, I enrolled in the Life Skills Trainer program and finally, I got through the certification and now I am a proud Certified Life Skills Trainer and working as a Life Skills Ambassador for Skillizen here in Pakistan. The sessions with the master Trainer Mr. Sidharth they had been amazing and wonderful. I really liked his teaching methodology as all activities were based on the case stories, interactive based learning, and immersive communication activities. Now I am keen to work with Skillizen to transfer these skills to the young generation here in Pakistan and shape up their lives.

Javed Ahmad



IELTS Trainer - Abbottabad, Pakistan



I really recommend this short but highly effective program to the people who want to grow in the area of life skills and to contribute something to the society as well. Personally, as a life coach and as a parent I think that life skills training is very essential and a must for our upcoming generation so that they can be equipped with the skills to manage and to live their life in a better way. I really recommend this course and am really thankful to the whole Skillizen team. Now I am looking forward to imparting the life skills curriculum to young children so that I can help them to manage and to live a better life.

Pooja Dhiman



Life Coach and Parent - Chandigarh, India



Hi, my name is Angelica I just completed the international life skills trainer certification program with Life Skills University, Singapore it was really an amazing time that I had during this program. We had a great master trainer and the content was super-rich. Now as an educator, I have been equipped to transfer 25 critical life skills to young learners between the ages of 6 to 18 years so that they become great leaders that way they will be flexible in whatever environment they find themselves. If you're looking for learning about life skills or you looking to upgrade yourself as an educator and as a trainer then this course is for you.

Angelica Macdestiny



Soft Skills Trainer, Abu Dhabi



The program has given me the platform to master Life Skills and practice in a very structured and systematic way for children, adolescents, and college students to enable them to become emotionally and socially intelligent, to be tough in adversities, to be a better citizen in coming times and finally to contribute to society in a very positive way.

Francis D'costa



Life Skills Professional - Karnataka, India

Being a business partner for Skillizen Learning Global in Nigeria, I have been actively promoting life skills among schools and parents of young children in Nigeria. But participation in this certification program has given me the right tools, training skills, and great confidence to conduct life skills transfer sessions for young minds. I recommend this certification program to the entire teaching and training community in the African continent.

Mrs Olusola Bankole



Director Bankys Private School - Abuja, Nigeria

Express Certification with Life-long Benefits

The Certified Trainer Alumni Network

Our Certified Trainer Alumni Network is an exclusive and a private community of Life Skills practitioners that continue to build upon the experiences and knowledge gained through their core certification training. Alumni engage with each other and global practitioners to discuss the most relevant global, regional and local trends in imparting Life Skills to young citizens.



Community & Networks

Life Skills University as a Global Centre of Excellence in Life Skills curriculum development and administration is committed to strengthen partnerships, enhance collaboration and improve networking opportunities focusing on key actors and strategic partners, particularly leaders of educational institutions, non-government organizations, Life Skills specialists and policymakers.



Global Policy Development Forum on Life Skills



The global policy development forum provides a Platform for policy dialogue, facilitating the sharing Of visions, approaches, experiences and data related to Life skills curriculum integration, adoption, innovation and change. We constantly monitor regional and national trends to more clearly ascertain life skills transfer practices, curriculum developments, and local versioning needs.

Sample Certificate





International LifeSkills Trainer Certification

Ms. Angelica Macdestiny of Abu Dhabi

has successfully fulfilled the requirements of International Life Skills Trainer Certification Program and is conferred the title of

CERTIFIED LIFE SKILLS TRAINER

and granted the license to practice and administer the Skillizen Critical Life Skills Curriculum to young citizens globally.



19.8.2020



S. Sripathy

Master Trainer, LifeSkills University

LifeSkills University



LifeSkills

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